# Mummification Study Guide



### Stage I

Egyptians have to preserve the body for spirits to recognize it

- · When a person dies, spirits are released from the body
- KA = person's spiritual double formed at birth
- BA = person's soul becomes the body of a bird that flies to visit loved ones
- AKH = spirit goes to underworld for judgment

## Stage II

The body is cleaned inside and out

- Embalming (preserving body) is on the West bank of the Nile
- Process takes 60 70 days
- Body placed on slanted table
- Brain (considered useless) pulled out through nostrils
- Heart is only organ saved because believed to be the center of intelligence and emotion
- Mouth cleaned and filled with sweet smelling oiled linens

# Stage III

The body is emptied to begin drying

- Cut open abdomen
- Organs removed and put into 4 separate canopic jars called the Four Sons of Horus
- Lids of jars have heads of gods to protect organs

Human head ≈ liver

Ape head ≈ lungs

Jackal head = stomach

Hawk head ≈ intestines

- Empty body stuffed with straw/sand/rags
- Body tilted to allow fluids to drip towards feet
- · Body buried in heaps of natron (salt) to draw fluids out
- After 40 days, natron removed, body washed,re-stuffed, sealed with gold and wax

# Stage IV

The dried body is wrapped as a mummy for the funeral

- Body is rubbed with wine, oils, milk
- Eyebrows painted on
- Body is wrapped in linen

150 yards of linen

About 100 amulets (jewelry that provides protection)

Heart scarab ≈ rebirth

Pillar = strength

Eye of Horus = restored health

- Mummy mask of person's face is put into place
- Mummy put into coffin
- Coffin painted to look like the person inside so that spirits will know where to return
- •Funeral procession goes to Western Desert in a boat
- •Followed by family, priests, professional mourners
- Professional mourners were paid to wail, rip their clothes, tear their hair to show grief and keep evil away

## Stage V

The mummified body brought to tomb

- Coffin placed in a boat-shaped sled pulled by oxen
- Women mourners represent goddesses Isis and Nephthys
- Small statues called shabtis buried with mummy to help work in the Field of Reeds
- Spells/hymns/prayers from Book of the Dead are spoken to help body on the trip to the Underworld
- Opening of the Mouth ceremony performed at tomb.
  Coffin is stood upright by priest wearing mask of Anubis
- Water is scattered on coffin and incense burned
- Mouth on coffin is touched with ox's leg to allow the mouth to speak



# Stage VI

The body becomes a spirit which must be judged in the Underworld to determine Afterlife

- Coffin placed in stone sarcophagus
- Akh leaves body to travel through gates to the Underworld
- Guarded by terrifying beasts (serpents, vultures, hippos) that stop unworthy Akhs
- Worthy Akhs reach the Hall of Judgment and judged if fit to live forever in Kingdom of Osiris (Field of Reeds)
- Anubis (mummification god) is in charge of the judgment
- Thoth (god of wisdom) takes notes on process
- Heart is weighed on a balance scale against the "Feather of Truth"
- 42 gods question the heart about the life it lived
- Ma'at (goddess of truth) determines if the heart is heavy with sin
- If the heart is lighter than the Feather of Truth, the Akh goes to Osiris' throne room and then to the Field of Reeds
- If the heart is heavy, it is gobbled up by Ammit (the Devourer of the Dead) who sits by the scales



### Study for the test

- 1. Highlight at least 3 ideas from each stage that you think you can remember. The more the better.
- 2. Try and understand how those ideas connect with the summarizing statement
- 3. Practice writing out the ideas and summary statements with the study guide
- 4. Practice writing out the ideas and summary statements without the study guide
- 5. Get a great grade for working so hard. Provide a wonderful Afterlife for Elmo.